



## David and the Book of Psalms



The Bible is actually a collection of a small books combined into one, large book that teaches us how to live. One of the books in the Old Testament is the book of Psalms. Psalms is a book of Prayer Songs.



The Book of Psalms teaches how to talk to God and how to talk about God. It gives us words to help us describe how we feel.



Most of the Psalms can be sorted into 5 categories.

1. Praise: These Psalm worships and show gratitude to God.
2. Prophecy: These Psalms tell of the coming Messiah.
3. Pain: These Psalms tell God about his doubts, fears, pain, and problems.



4. Petition: The Petition Psalms are requests, forgiveness and crying out to God for relief, forgiveness, direction, protection and strength.

5. Poetry: These Psalms are poems meant to be sung in worship and ceremonies.



A psalmist is someone who writes Psalms. The most famous Psalmist was King David. He wrote psalms talking to God about things that happened in his life. He wrote some of the most famous Psalms that we still read today.



He talked to God like a Father and friend. He used his life experiences to write his Psalms. He wrote the 23rd Psalm based on his experience as a shepherd.

He wrote, "The Lord is my shepherd, I shall not want. He makes me lie down in green pastures. He leads me beside still waters."



He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

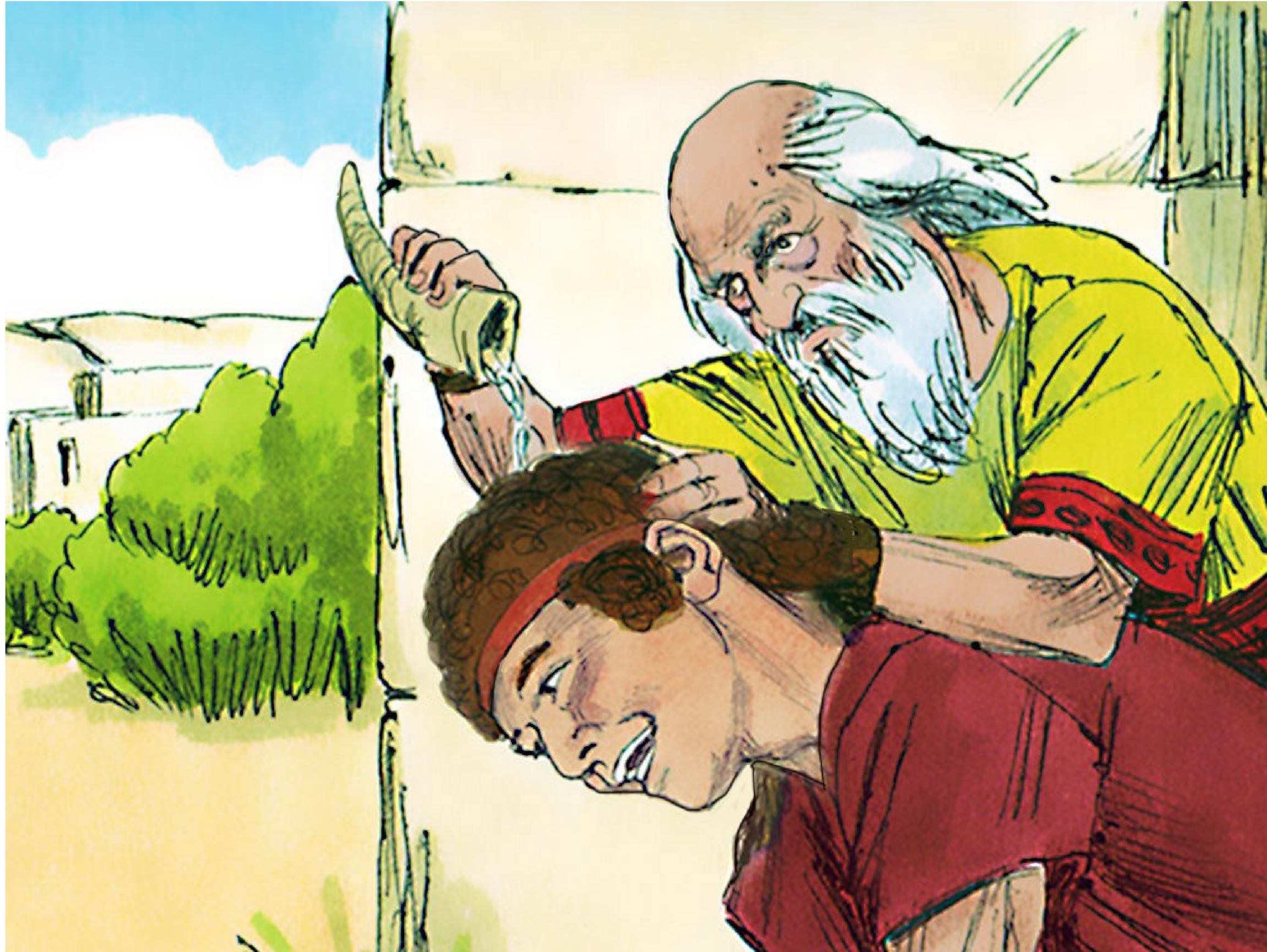




Yea, though I walk through  
the valley of the shadow of  
death, I will fear no evil: for  
thou art with me; thy rod  
and thy staff they comfort  
me.



Thou preparest a table  
before me in the presence  
of mine enemies:



...thou anointest my head  
with oil; my cup runneth  
over.



Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever."



David was a man after God's own heart because he constantly talked to God. He praised him when he was happy. He cried out to him when he was sad. He wanted to the same kind of friendship that God wants to have with us.

**Let's Talk About  
The Story...**



**Who wrote most of the  
book of Psalms?**



**What are the 5  
categories most of the  
Psalms fall into?**





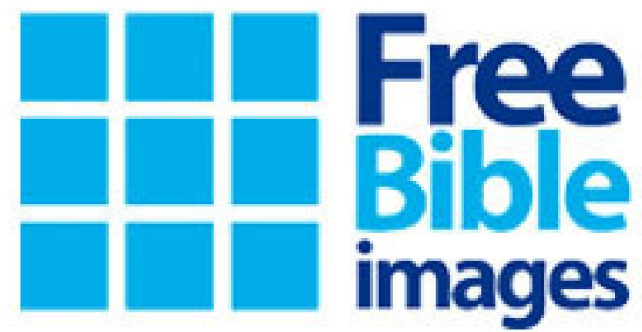
**Do you think the book of  
Psalms gives us a  
glimpse into why David  
is called this?**



**What are some ways  
that we praise God  
today?**



**David wrote his prayers  
down. Is this a good  
idea for us today? How  
could it be helpful?**



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